



10 Quick Tips for Remote Learning

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1. Create a routine

- Our students depend on routine, whether they realize it or not (ask any substitute teacher who gets thrown into a new classroom and they'll agree!!!). Try to create a routine with your student.
- **EXAMPLE** Breakfast, 30 minutes of school, play, 15 minutes of school, special time, 20 minutes of reading, lunch, etc. This helps the student know what is coming for the day and the predictability will be good!

2. Have flexibility and reasonable expectations

- Learning remotely is a completely new experience for most of our students. Expecting them to sit at a desk for 6-7 hours at home just is not reasonable! Creating a new routine for the student is important, but so is taking each day as it is.

3. Designate time for play

- Brain breaks are important! During a “normal” school day, students get frequent breaks to socialize and play. Forcing a student to sit for too long without a break will make it more difficult on everyone.

4. Incorporate “special” into your student’s day (Music, Gym, Art)

- There are lots of ways to do this. Have a concert in your living room. Paint/color/draw a picture for a friend, family member or even a stranger! Get outside and exercise. Take a walk, play hopscotch, play tag or catch. There are many ways to include special class into your student’s day.

5. Get creative

- What is more memorable than a math lesson while baking? How about a science “field trip” outside? Go explore in the backyard or a local park. There are so many ways to teach students outside of traditional curriculum!

6. Celebrate achievements

- It can be difficult to recognize achievements when the entire family is cooped up together all day, every day. Try to find at least 3 things to celebrate with your student each day. A little positivity goes a long way!

7. Everyday is a new day

- If yesterday’s learning did not go as planned, that is okay! Just remember to approach each day as a new one and be ready to try again.

8. Set a timer

- Try setting a timer for your student. If they know they only need to complete 5, 10, or 15 minutes of work before taking a break, they might stay engaged much better. If they make it the entire designated time, that is a perfect opportunity for some praise and play.

9. Designate area for learning

- It is important for the student to have their own “area” for schooling. This could be a corner of a table, a little nook, even a shelf to store their materials. If the student can keep all their materials in one place, they will know when it is time for school where they can find their supplies. This can also help to separate “school time” and the rest of your day.

10. TOP PRIORITY= physical, mental and emotional health

- Everyone’s top priority right now should be the student’s physical, mental and emotional health. This is a hard time for us adults, imagine how tough it could be as a kid! Making sure each and every one of our students is safe and healthy is the most important thing we can do!

DON'T FORGET TO READ!! THE MICHIGAN DEPARTMENT OF EDUCATION RECOMMENDS 15-20 MINUTES OF READING DAILY FOR PRE-K AND KINDERGARTEN AND 20-30 MINUTES DAILY FOR FIRST – FIFTH GRADERS!!!

References

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Michigan Department of Education. (2020). Learning at a distance guidance. Retrieved from https://www.michigan.gov/documents/mde/LearningDistanceGuidance_686455_7.pdf